

Is intake of calcium and/or dairy (milk and milk products) related to adiposity in children? (DGAC 2010)

Conclusion

Moderate evidence suggests that there is not a relationship between intake of calcium and/or dairy (milk and milk products) and adiposity in children and adolescents.

Grade: Moderate

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [Is intake of calcium or dairy \(milk and milk products\) related to adiposity in children?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[Is intake of calcium and/or dairy \(milk and milk products\) related to adiposity in children? Is intake of calcium and/or dairy \(milk and milk products\) related to adiposity in children?](#)